

# Avkrvst - The Approbation



Credit: Eliran Kantor

(48:47; Vinyl, CD, Digital; InsideOut Music/Sony Music, 16.06.2023)

Two friends, a promise, and a cabin. *Martin* and *Simon*, at the age of seven, made a vow to form a band. Twenty-two years later, they fulfilled that promise by creating AVKRVST and releasing their debut album, „The Approbation“. This work was recorded in a small cabin deep within a Norwegian forest. The album, composed of seven tracks, is a conceptual prog rock journey that blends prog rock and prog metal, featuring heavy, melodic, and occasionally aggressive elements.

*Simon Bergseth* (composer, guitars, bass, and vocals) and *Martin Utby* (composer, drums, and synthesizers), along with *Øystein Aadland* on bass/keys, *Edvard Seim* on guitars, and *Auver Gaaren* on keys, present AVKRVST's debut album.

In „The Approbation“, the band showcases a masterful execution of various rock and metal styles, from acoustic guitars and melodic vocals to powerful drums and synthesizers, creating a captivating auditory experience.

„The Approbation“ is a testament to progressive art, both musically and visually, transporting the listener to the intimacy of a cabin nestled in the heart of nature. At times, this setting offers tranquility, yet it also carries an air of mystery. All of this, coupled with the album’s positive reception, foreshadows a promising future for Avkrvst.

**Bewertung: 10/15 Punkten (FF 10, WD 10)**

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The Approbation (24-bit HD audio) von Avkrvst



Credit: Kristian Rangnes

Besetzung:

*Øystein Aadland* – Bass, Keys

*Simon Bergseth* – Vocals, Guitar, Bass

*Edvard Seim* – Guitar

*Auver Gaaren* – Keys

*Martin Utby* – Drums, Keys

Diskografie (Studioalben):

„The Approbation“ (2023)

Surftipps zu Avkrvst:

Homepage

Facebook

Instagram

AVKRVST

Bandcamp

YouTube

Spotify

Apple Music

Discogs

Prog Archives

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